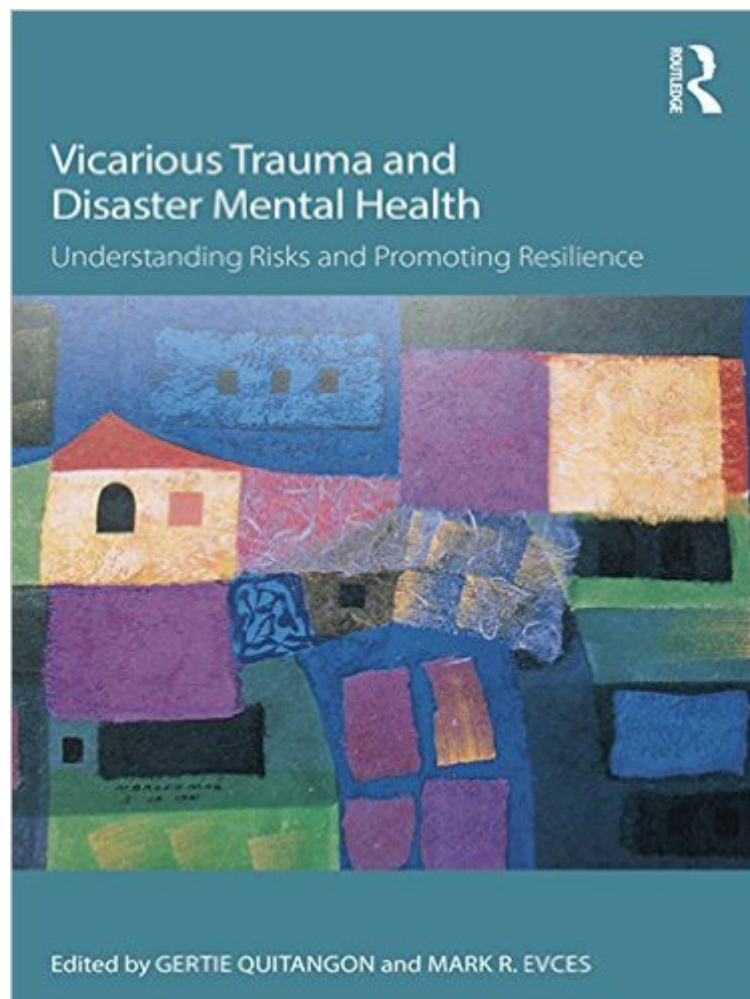


The book was found

Vicarious Trauma And Disaster Mental Health: Understanding Risks And Promoting Resilience (Psychosocial Stress Series)



Synopsis

Vicarious Trauma and Disaster Mental Health focuses on the clinician and the impact of working with disaster survivors. Floods, hurricanes, tornadoes, mass shootings, terrorism and other large-scale catastrophic events have increased in the last decade and disaster resilience has become a national imperative. This book explores vicarious traumatization in mental health providers who respond to massive disasters by choice or by circumstance. What happens when clinicians share the trauma and vulnerability from the toll taken by a disaster with the victims they care for? How can clinicians increase resilience from disaster exposure and provide mental health services effectively? Vicarious Trauma and Disaster Mental Health offers insight and analysis of the research and theory behind vicarious trauma and compares and contrasts with other work-impact concepts such as burnout, compassion fatigue and secondary traumatic stress. It proposes practical evidence-informed personal strategies and organizational approaches that address five cognitive schemas (safety, esteem, trust, control and intimacy) disrupted in vicarious trauma. With an emphasis on the psychological health and safety of mental health providers in the post-disaster workplace, this book represents a shift in perspective and provides a framework for the promotion of worker resilience in the standard of practice in disaster management.

Book Information

File Size: 6794 KB

Print Length: 228 pages

Page Numbers Source ISBN: 1138793299

Simultaneous Device Usage: Up to 4 simultaneous devices, per publisher limits

Publisher: Routledge; 1 edition (February 11, 2015)

Publication Date: February 11, 2015

Sold by:Â Digital Services LLC

Language: English

ASIN: B00TU4FWMI

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Enhanced Typesetting: Not Enabled

Best Sellers Rank: #993,989 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #182

inÂ Books > Medical Books > Medicine > Surgery > Trauma #699 inÂ Kindle Store > Kindle eBooks > Health, Fitness & Dieting > Counseling & Psychology > Neuropsychology #1236
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Excellent resource about an often-ignored issue!

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